



Basil and Honey Dressing

By: Laura Krause-Emerick

1. Grab your nutri-bullet and toss in the following ingredients:

3/4 Cup Basil

1/2 C local unprocessed honey

1/2 C Apple Cider Vinegar

2 Tbsp Olive oil

2. Add a sprinkle of cinnamon to boost your immune system and add great flavor!
3. Blend until completely emulsified and enjoy on your favorite blend of **Windy Drumlins** greens!
4. Refrigerate whatever is left over.